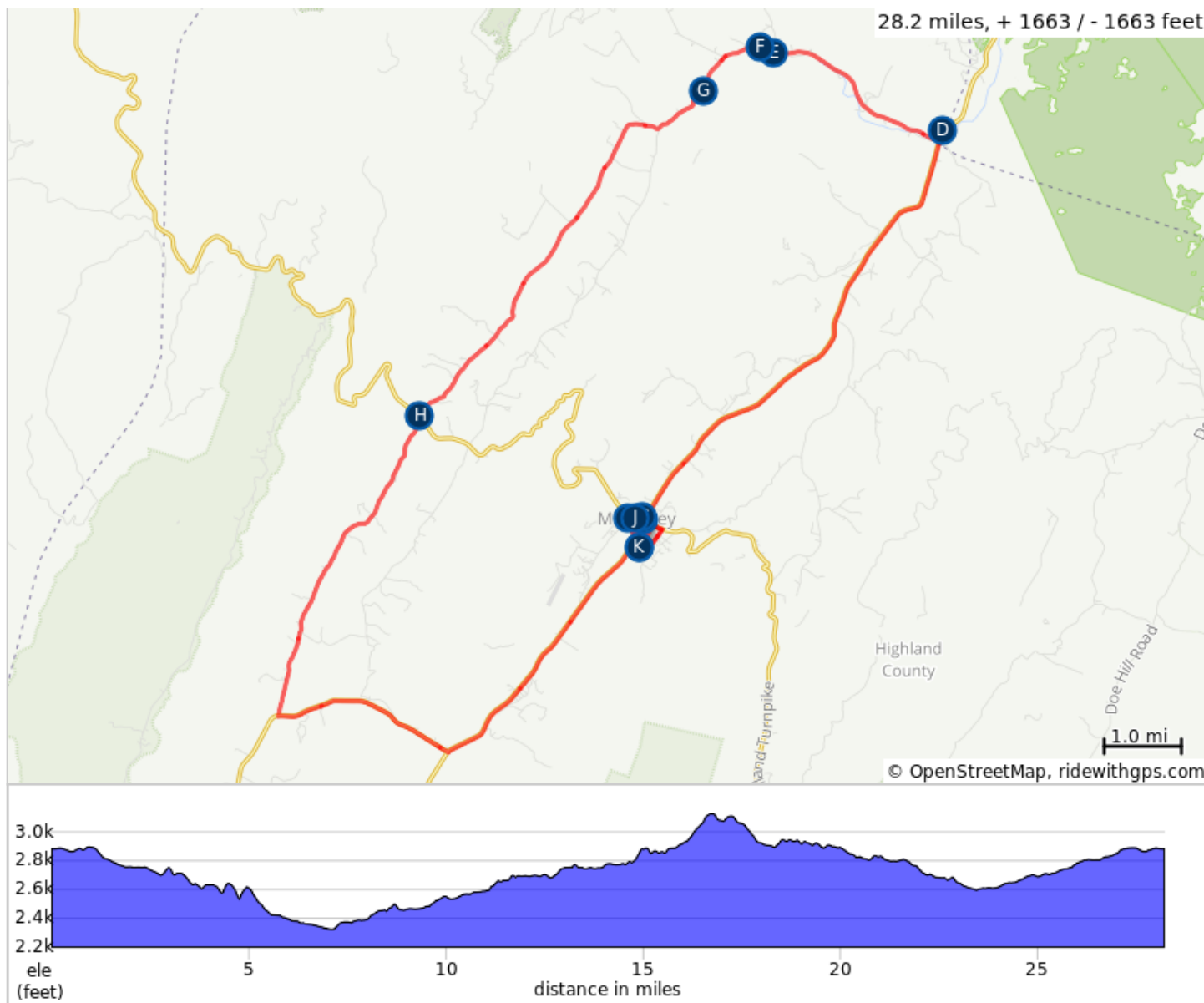


Highland County Mountain Mama 28-mile Route

















A lovely, easy to moderate ride in the Blue Grass Valley of Highland County (The Switzerland of Virginia).





A.	Start point	G.	Hamlet of New Hampden
B.	The Real Deal Market and Grill	H.	STOP Sign
C.	Hull's Hideway Restaurant	I.	Big Fish Cider Co
D.	Rexrode Country Store	J.	High's Restaurant
E.	Country Convenience Store	K.	End Point
F.	Village of Blue Grass		



Highland County Mountain Mama 28-mile Route

Type	Dist	Note
	0.0	Start of route
	0.1	Left toward State Rte 649
	0.2	Continue onto State Rte 649
	0.4	Left onto US-250 W/E Main St
	0.7	Right onto US Hwy 220 N/Potomac River Rd
	7.2	Left onto Blue Grass Valley Road/State Rte 642 Just before Rexrode Country Store.
	9.7	Through the Village of Blue Grass
	11.7	Bear right at Y to stay on Blue Grass Valley Rad/SR 642
	16.7	High point on the ride at 3127 ft.
	16.8	Stop at stop sign at US 250
	16.8	Rest Stop
	21.2	Left onto Mill Gap Road/VA-84 E
	23.6	Left onto Jackson River Road/US Hwy 220 N
	27.5	Right onto US-250 E/E Main St

27.5 miles. +1604/-1599 feet

Type	Dist	Note
	27.8	Right onto State Rte 649
	28.0	Slight right
	28.1	Right
	28.2	End of route

0.7 miles. +12/-5 feet